



## Shine On!

Shine Therapy  
Volume 1 Issue 1

We are excited to share what is new with Shine Therapy! This is the first issue of what we hope will be quarterly newsletters to keep you up to date on all things Shine, so make sure to read all the way through!

### *Our Mission*

Shine Therapy provides oncology massage and/or lymphedema therapy to cancer patients/survivors, primarily those who are uninsured, under-insured or low income, in Tarrant and surrounding counties.

### *Vision*

Shine Therapy partners with wellness-focused organizations in Tarrant County to provide a complementary means of support for cancer patients through therapy, education and research.



### *Meet our new Executive Director!*

Originally from McAllen, TX, Claudia moved to Fort Worth in 2007 to attend Texas Christian University and obtained a B.A. in Psychology. While she was

studying at TCU, her older sister was diagnosed with leukemia (AML). This was an eye opening experience into the world of cancer, and was able to see that there is still a great need in services to help aid cancer patients. Her sister has now been in remission for over 6 years! Claudia now provides leadership for Shine Therapy through advocacy in health, wellness, and education within the oncology community. She is responsible for overall strategic planning, revenue generation, financial management, organizational development, staff management and program operations.



KENDRA SCOTT

### Kendra Gives Back Party!

Monday, April 23, 2018

5pm-8pm

Kendra Scott | University Park Village  
1612 South University Dr. Suite 401C  
Fort Worth, TX

Join us for a Kendra Gives Back Party!

Enjoy sips, sweets and jewels!

20% of sales benefit Shine Therapy!

Can't make it in? Call them at 817-484-5580 to shop for a cause and have your items shipped for free!

### Massage therapy versus simple touch to improve pain and mood in patients with advanced cancer

Massage may have immediately beneficial effects on pain and mood among patients with advanced cancer. Given the lack of sustained effects and the observed improvements in both study groups, the potential benefits of attention and simple touch should also be considered in this patient population.

Keep Reading



### Thank You to Our Donors!

We are grateful to our partners and the following foundations who have donated throughout the first quarter to Shine Therapy so we may continue to provide services to the oncology community in Tarrant County:

- Partners:
  - Cuisine for Healing
  - Cancer Care Services
- Grantors:
  - Ryan Foundation
  - R4 Foundation
  - Bell-Wallace Charitable Trust
  - Amon G. Carter Foundation

Also, a HUGE thanks to our clients who have donated over \$400 out of their own pockets so far this year!